



THE DOCTOR DIALOGUES

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2502 N. CLARK ST. CHICAGO, IL. 60614

THE DOCTOR DIALOGUES

Getting smarter about asking, talking, and listening

Saturday, January 30, 2010

9:00 a.m. - 12:15 p.m.

Church of the Three Crosses

333 W. Wisconsin

Members free, non-members \$10

Inspired by Dr. Jerome Groopman's book, *How Doctors Think*, this event in the Art of Wellness Series focuses on improving our health by building informed, proactive relationships with our doctors. A panel of physicians provides an insider's view on patient/doctor interactions and answers the questions you've always wanted to ask. Don't miss this rare opportunity to enjoy stress-free time with medical specialists and share experiences with friends and neighbors. Tools, take-homes. Seating limited; register by Jan. 25, 2010, 773-248-8700, or wellness@lincolnparkvillage.org.



January 12, 2010

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SATURDAY JANUARY 30 – THE DOCTOR DIALOGUES

Lincoln Park Village Forum Focuses on Better Health Through Smarter Patient-Doctor Relationships

CHICAGO—Ever wonder what doctors really hear when you talk with them? Want to improve the way you communicate but aren't sure how? Interested in enhancing your health by building more informed relationships with your care providers? Then don't miss **The Doctor Dialogues: Getting Smarter About Asking, Talking, and Listening, Saturday, January 30**, presented by Lincoln Park Village, the pioneering non-profit organization that is making it possible for people to age well in place. The morning forum offers a rare opportunity to share time with some of Chicago's top physicians—including a neurologist, geriatrician, cardiologist, internist, and gynecologist —as they provide an insider's view on establishing proactive, productive dialogues with medical specialists.

The Doctor Dialogues, the second in a series of Art of Wellness forums presented by Lincoln Park Village, is being held at the Church of the Three Crosses, 333 W. Wisconsin St., 9 a.m. - 12:15 p.m. (program starts 9:30 a.m.). Village members attend free; non-members \$10. Space is limited. Register by calling the Village at 773.248.8700, or wellness@lincolnparkvillage.org.

Forum moderator is **Neelum T. Aggarwal, MD**, a neurologist and dementia researcher at Rush University Medical Center. Physician panelists include **Martin J. Gorbien, MD**, Director of Geriatric Medicine at Rush and Associate Director of the Johnston R. Bowman Health Center; **Annabelle S. Volgman, MD**, Associate Professor of Medicine at Rush and Medical Director of its Heart Center for Women; **William N. Werner, MD**, Vice President of Clinical Transformation

at Advocate Illinois Masonic Medical Center and current President of the Chicago Medical Society; and **Elena M. Kamel, MD**, Associate Professor of Clinical Obstetrics and Gynecology at Northwestern University Feinberg School of Medicine and the Managing Partner of the Women's Group of Northwestern. Drs. Gorbien and Volgman were recently named to Chicago Magazine's list of Top Doctors in the Chicago area.

The morning begins with coffee and informal conversation. Doctors then will discuss how changes in their own specific medical disciplines are currently affecting the way in which they interact with and care for patients. Doctors also will pinpoint some of the major concerns patients bring to them each day and how they respond. A lively Q&A follows. The morning concludes with a strategy session on how to be a better patient, led by **Dana Bright, LSW**, Coordinator for Community Health within Older Adult Programs at Rush. Learning tools and take-home materials are included.

In addition, the Village is holding a related book discussion Saturday, January 23, 10:30-noon, at the Basil Leaf Café, to talk about Dr. Jerome Groopman's book, *How Doctors Think*, which unravels the ultimate medical mystery: how doctors determine the best treatments - or fail to do so. Members free; non-members \$5. Registration is required.

Lincoln Park Village, which opened in June 2009, is part of a national movement that is empowering people to take charge of their lives by choosing to age in their homes, with enjoyment and confidence. More than 50 such villages currently are operating in cities across the country, with another 100 in formation. With one phone call, Lincoln Park Village provides members with access to a full range of vetted services, programs, and customized attention to make their life at home easier. A unique and extensive calendar of Village educational and social programs, created and led by volunteers, builds community and ensures strong neighbor to neighbor connections and friendships. The Member-Plus program ensures that residents of modest means can join the Village and have funds for services.